

Come over for breakfast or lunch
and see what's cooking at the

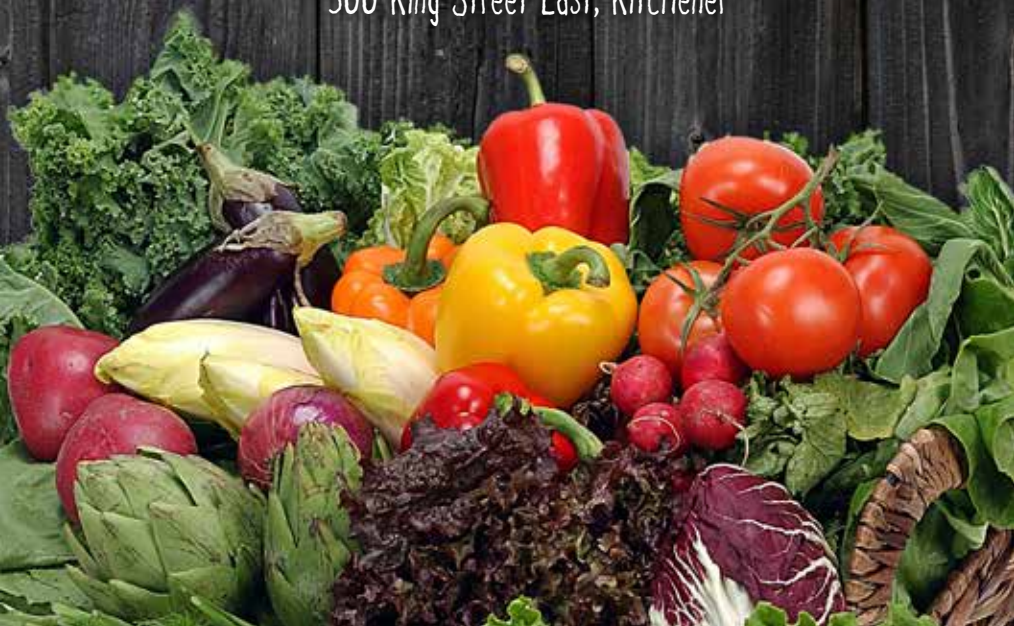
KITCHENER MARKET

| International Food Court Menu |

Tuesday – Friday, 8 a.m. – 3 p.m.

Saturday, 7 a.m. – 2 p.m. Closed Sunday and Monday

300 King Street East, Kitchener



Apple Fritter

519-745-9695



APPLE FRITTERS

Individual.....	\$0.89
1/2 Dozen.....	\$5.65
1 Dozen.....	\$10.00

FRESH CUT FRENCH FRIES

Small.....	\$2.89
Large.....	\$3.41
+gravy, cheese or sour cream.....	\$1.00

POUTINE (with gravy and cheese curds)

Medium.....	\$4.46
Large.....	\$5.46

LANGOSH (BEAVER TAIL)

Plain.....	\$2.00
+ cinnamon sugar.....	\$2.75
+ strawberry jam, cheese or Nutella.....	\$3.50
+ cheese and sour cream (garlic optional).....	\$3.50

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OUR SPECIALITY

1 Fritter + ice cream.....	\$2.14
2 fritters + icecream + maple syrup	\$3.41
3 fritters + maple syrup + caramel sauce	\$3.69
4 fritters + ice cream + caramel sauce.....	\$5.62

LUNCH FAVOURITES

Greek salad	Small \$4.49, Large \$5.49
Chicken strips (4 chicken strips and fries)	\$7.99
Fish & chips (2 pieces and fries)	\$9.99

POP (1 can).....	\$1.25
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Bolero

Pizza and Pasta House

Catering and delivery available
519-579-6664



BREAKFAST MENU

All day breakfast special.....	\$4.99
2 eggs, bacon, ham or sausage with toast or a toasted bagel with butter and jam.	
Add a cup of coffee or tea.....	\$6.20
3 egg omelet.....	\$6.99
Choose from ham, mushrooms, onions, tomatoes, green peppers and cheese. Served with focaccia bread.	
Breakfast bagel	\$4.99
2 egg omelet in a toasted bagel with cheese	
With bacon and tomato.....	\$4.40
.....	
Toasted bagel or croissant.....	\$1.67
Served with your choice of butter, jam or cream cheese.	
With a cup of coffee or tea.....	\$2.25

LUNCH MENU

Caesar salad.....	Small \$3.99, Large \$5.29
Romaine lettuce and croutons tossed in a creamy Caesar dressing topped with parmesan cheese.	
Garden salad.....	Small \$3.99, Large \$5.29
Mixed greens, tomatoes, cucumbers, celery and carrots with a side of balsamic vinaigrette.	

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Bolero salad Small \$4.49, Large \$5.99

Mixed greens, tomatoes, celery, cucumbers and black olives tossed in a creamy Greek dressing and topped with feta cheese.

Greek pasta salad Small \$4.40, Large \$5.99

Pasta, tomatoes, cucumbers, peppers, red onions, kalamata olives in a creamy Greek dressing topped with feta cheese.

Add chicken breast or bacon to any salad \$2.99

Meat or vegetable lasagna \$5.99

Lunch portion of lasagna with toasted focaccia bread.

With salad (Caesar or garden) \$7.50

Gourmet pasta with focaccia bread \$8.99

Fresh gourmet pasta with your choice of any two vegetables and one meat as well as your choice of cream, rose or tomato sauce, served with focaccia bread.

SANDWICHES

Tuna melt \$5.99

Oven toasted with cheddar cheese and tomatoes on croissant.

B.L.T. \$5.99

Oven toasted focaccia bread with mozzarella cheese topped with Italian dressing and mayonnaise.

Chicken club \$6.99

Chicken breast and bacon, oven toasted on a European style bun with cheddar cheese, lettuce, tomatoes and pesto aioli.

STONE OVEN BAKED THIN CRUST PIZZA

Cheese or pepperoni slice \$3.10

Any other slice \$3.33

Medium 11" cheese or pepperoni \$7.99

XL 16" cheese or pepperoni pizza \$10.99

XL 16" pizza with any 3 toppings \$13.99

Family 18" cheese or pepperoni pizza \$11.99

Family 18" pizza with any 3 toppings \$15.99

Bolero

Pizza and Pasta House

cont'd

Catering and delivery available
519-579-6664



Toppings:.....Medium 11" \$1.50, XL 16" \$2.50, Family 18" \$2.50
Mushrooms, tomatoes, red and green onions, green peppers, pineapple, artichokes, roasted red peppers, black and green olives, broccoli, hot peppers, basil pesto, fresh garlic, mozzarella, cheddar and feta cheese, bacon, ham, prosciutto, chicken breast, ground beef, Italian hot sausage, sundried tomatoes and pepperoni.

SIGNATURE PIZZAS (white, whole wheat or multigrain. Spelt dough - add \$2)

Vegetariana\$10.50

Tomato sauce, mozzarella cheese, mushrooms, bell peppers, tomatoes and oregano.

Bianca\$10.50

Tomato sauce, mozzarella cheese, bacon, red onions, rosemary and oregano.

Tropicana\$10.50

Tomato sauce, mozzarella cheese, pineapple, bacon and oregano.

Capriciosa\$10.50

Tomato sauce, mozzarella cheese, mushrooms, prosciutto and oregano.

Adriatico\$11.99

Basil pesto, feta cheese, mushrooms, roasted red peppers, artichokes, black olives and oregano.

Primavera\$11.99

Tomato sauce, mozzarella cheese, mushrooms, roasted red peppers, artichokes, green olives and oregano.

Funghi\$11.99

Tomato sauce, mozzarella cheese, mushrooms, red onion, chicken breast and oregano.

Bella\$11.99

Tomato sauce, mozzarella cheese, chicken breast, tomatoes, bell peppers and oregano.

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Mediterrana.....\$11.99

Tomato sauce, feta cheese, tomatoes, broccoli, bell peppers, asparagus and oregano.

Vesuvio.....\$11.99

Tomato sauce, mozzarella cheese, ham, bacon, green olives and oregano.

Pescara.....\$11.99

Tomato sauce, mozzarella cheese, chicken breast, bacon, green onions and oregano.

Volcano.....\$11.99

Tomato sauce, mozzarella cheese, Italian hot sausage, ground beef, hot peppers and oregano.

Venezia.....\$16.99

Tomato sauce, mozzarella and cheddar cheeses, prosciutto, ground beef, bacon, ham, mushrooms, red onion, bell peppers and oregano.

DESSERT

Baklava.....\$1.20

Homemade Cakes (made with advanced notice).....(price varies)

Phyllo Pie (cheese, spinach, beef, sweet cherries).....\$3.50

FRESHLY SQUEEZED JUICE

By the glass.....small \$2.00, large \$4.00

By the bottle.....1 litre \$8.00



BreadBaron

Delivery (no charge) and catering options are available, give us a call.

226-606-3755



Fresh | Local | Homemade

We offer a seasonal, rotating menu to bring you fresh, delicious, and locally sourced sandwiches. We make soups, often vegan, from scratch every day.

We buy our produce from local sources or grow it ourselves. We cure and cook our meats in-house so that we can offer you antibiotic and hormone-free meat from local farms that treat their livestock with care.

Check our stand in the market or at breadbaron.com for our current menu and more information about who we are and what we do.

Web - breadbaron.com

Twitter - @bre4dbaron

Facebook - [breadbaron.sandwiches](https://www.facebook.com/breadbaron.sandwiches)

E-Mail - breadbaroninfo@gmail.com

www.kitchenermarket.ca



Caribbean Kitchen

519-568-8292



Jerk Chicken \$9.95

Marinated and served with rice and salad. One of our all-time favourites.

Curried Chicken \$9.95

Spicy with special sauce, this classic is served with rice and garden fresh greens. Also available: curried goat.

Jamaican Patties \$2.00

Not your average patty. Baked fresh each day and served warm from the oven.

Plantains side order \$2.00

An essential part of Caribbean cooking, plantains can be served as a vegetable or as a sweet.

Dumplings \$1.00

Oh my! Fat dumplings can be a meal in themselves; or add a couple as a side dish to ackee and salted codfish.

Curried Goat \$13.25

With steamed rice or rice and beans.

Oxtail \$13.25

With steamed rice or rice and beans.

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WRAPS

Roti.....\$8.75
Soft flat bread wrapped around curried or jerk chicken breast.

Curried or Jerk Chicken.....\$8.75
Chicken pieces sauteed with onions, sweet peppers, potatoes with jerk sauce.

BREAKFAST

Special #1.....\$5.00
2 eggs, bacon or sausage, with toast or dumplings, plantains.

Special #2.....\$5.50
Potato pancakes, bacon or sausage, sour cream or applesauce.

Ackee and Codfish Breakfast.....\$7.80
With dumplings and plantains.



Casa Salsa

Mexican Cuisine

Catering available. Call or visit our website for more information.

519-342-4582

info@casasalsa.ca www.casasalsa.ca



SPECIALTY BREAKFAST

Eggs Rancheros..... \$5.99

Two eggs over a corn tortilla, topped with salsa. Served with refried beans or gallo pinto and warm tortillas.

Breakfast Burrito \$5.99

Scrambled eggs and vegetables wrapped in a flour tortilla. Served with refried beans or gallo pinto and topped with sour cream and cheese.

Chorizo Omelet \$5.99

Homestyle sausage mixed with eggs into a slightly spicy omelet.

Served with refried beans or gallo pinto, warm tortillas and your choice of salsa.

Huevos Verdes..... \$5.99

Scrambled eggs tossed with our warm green salsa. Served with refried beans or gallo pinto, warm tortillas and your choice of salsa.

Centro-Americanano..... \$5.99

Over easy eggs with a touch of red salsa, plantain, sour cream and feta.

Served with refried beans or gallo pinto and warm tortillas.

MEALS (Served with homemade nachos and salsa of your choice)..... \$8.00 ea, tax incl

Chicken/beef/vegetarian (bean) burrito

Mole/chipotle/green/red enchiladas (Also served with Mexican rice)

Soft chicken/bean tacos

Chicken/bean tostadas

Chicken quesadillas

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MEALS CONT'D (Served with homemade nachos and salsa of your choice) \$8.00 ea, tax incl

Flautas (crispy chicken tacos)

Loaded nachos

Homemade corn tortilla cuts, topped with sour cream, shredded cheese and warm salsa.

SNACKS, SIDES & TAKE-HOME

Nachos

side \$1.50, bag \$4.00, trays S-\$8.00, M-\$12.00, L-\$20.00

Salsas.....2oz \$0.75, 4oz \$1.50, 8oz \$3.00, 16oz \$5.00

Choose from mild-green, medium-red and chipotle-hot.

Guacamole.....2oz \$1.50, 4oz \$2.50, 8oz \$4.50, 16oz \$8.00

Pico de Gallo4oz \$1.50, 8oz \$3.00, 16oz \$6.00

Refried Beans.....4oz \$1.50, 8oz \$3.00, 16oz \$6.00

Mexican Rice.....4oz \$1.50, 8oz \$3.00, 16oz \$6.00

OTHER

Mexican flan.....\$4.00

Mexican fried ice cream.....\$4.00

Churros.....\$4.00



Everyday Gourmet

519-744-2325



BREAKFAST

Breakfast special\$4.99

2 eggs, sausage or bacon and brown or white toast.

Breakfast special 2\$5.50

2 eggs, sausage or bacon, brown or white toast and home fries.

Hannah's breakfast\$5.50

2 eggs, sausage or bacon and 1/2 waffle with toppings.

Pancake breakfast\$4.50

2 eggs, sausage or bacon and 2 pancakes.

Egg sandwich\$3.75

Egg and meat or just egg.

2 Pancakes\$2.50

BREAKFAST EXTRAS

Egg, toast or meat\$0.99 each

MEALS

Chicken or beef donair\$6.75

With pita, lettuce, tomato, cucumber, onion and tzatziki.

Chicken shawarma\$8.50

With baked potatoes or rice and salad.

Oktoberfest sausage\$4.50

With/without sauerkraut.

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Philly steak.....	\$6.75
Cheese, peppers, steak on a bun.	
Cabbage rolls.....	\$6.99

SWEET CREPES

Jam.....	\$4.50
Chocolate and banana.....	\$4.50
Plain (sugar and cinnamon).....	\$3.50
Fruit.....	\$6.25
Ricotta cheese.....	\$6.25
Ricotta cheese and fruits.....	\$6.75
Ricotta cheese and ice cream.....	\$6.75

BREAKFAST CREPES

Ham.....	\$6.99
Ham, egg, spinach, tomatoes, cheese and mushrooms.	
Chicken.....	\$7.99
Chicken, egg, spinach, tomatoes, cheese and mushrooms.	

WAFFLES

Jam or syrup.....	\$5.50
Jam/syrup with whipped cream.....	\$6.00
Fruit.....	\$7.00
Banana, strawberry, jam, syrup and whipped cream.	
Fruit and ice cream.....	\$7.50
Banana, strawberry, jam, syrup and whipped cream.	


 KITCHENER

Flor de Izote

El Salvadoran Cuisine

519-998-8263



PUPUSAS*

A traditional Salvadoran dish made from thick, hand-made cornflour tortilla. Served with curtido (cabbage salad with apple cider vinaigrette) and/or tomato sauce.

Cornflour and cheese.....	\$3.00
Cornflour and beans.....	\$3.00
Cornflour and ground pork.....	\$3.00
Cornflour mixed (cheese, pork, beans).....	\$3.00
Cornflour veggie (in season).....	\$3.00
Tamales with chicken.....	\$3.00
Tamales with sweet corn.....	\$3.00

Yuca Frita – Fried Casaba* (Salvadoran fries)..... \$4.00

QUESADILLA*

Unlike the Mexican snack of the same name, Salvadoran quesadilla is a rich, sweet dessert cake.

Sweet corn.....	\$2.00
Rice flour.....	\$2.00

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SOUP AND CHILI

SM \$5.00 LG \$7.00

Beef soup with tortilla.....

Chili with tortilla.....

Lentil soup with tortilla.....

OTHER

Cachitos Simples y Dulces (crescent shaped pastry)..... \$1.00

Galletas (cookies) \$1.00

Pasteles de Pina (pineapple pie)..... \$2.50

Pasteles de manzana (apple pie)..... \$2.50

Picudas (sweet bread) \$1.00

Semita Especial (pastry) \$2.00

Semita Mieluda (pastry)..... \$2.00

Warachas (beaver tails) \$1.00

Viejitas (pastry)..... \$1.00

*Salpor de Arroz (rice flour cookie)..... \$1.00

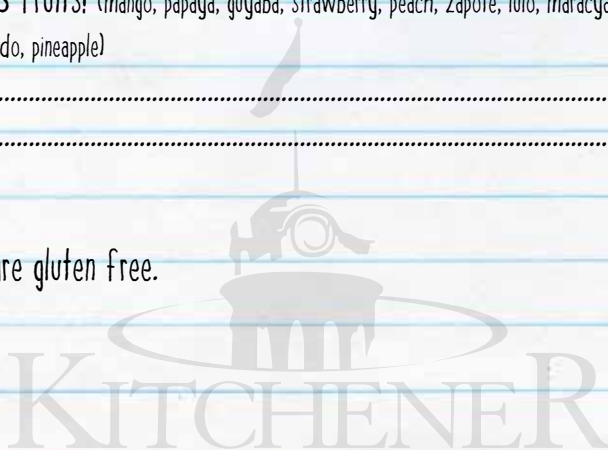
TROPICAL JUICE

Pick any 5 fruits! (mango, papaya, guayaba, strawberry, peach, zapote, lulo, maracuya, marañón, banana, avocado, pineapple)

16 oz \$3.00

32 oz \$5.00

* Items are gluten free.



Myrovolos

European cuisine



GREEK SPECIALTIES

Moussaka (Greek eggplant casserole)	\$6.50
Eggplant, spiced beef, feta cheese, bechamel, herbs and spices.	
Spanakopita (Greek spinach pie)	\$3.00
Flaky phyllo dough filled with spinach, dill, feta cheese, herbs and spices.	
Galaktoburiko (Greek custard pie).....	\$3.50
Made from scratch: custard between layers of phyllo dough. Topped with a light syrup.	
Baklava	\$3.00
Phyllo pastry with almonds and honey topped with a light syrup.	
Melition (Greek halva).....	\$2.50
Semolina, cream, almonds and honey topped with a light syrup.	
Melomakarona (spicy Greek cookie).....	\$1.50
A blend of flour, eggs, honey, butter, and spices. Topped with nuts and a light syrup.	
Kourabie (Greek shortbread cookie).....	\$1.00
A melt in your mouth delectable cookie sprinkled with icing sugar.	
Cheesecake	\$4.00
Creamy, rich cheesecake covered in a sweet cherry topping.	

SOUPS All of our soups are made from scratch and are available frozen for take out.

Bean with carrot.....	\$3.50
Lentil.....	\$3.50
Leek and potato.....	\$3.50
Mixed vegetable.....	\$3.50

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GERMAN/AUSTRIAN/HUNGARIAN SPECIALTIES

Apple strudel.....\$3.00

Apples blended with spices rolled in a danish pastry.

Poppyseed slices.....\$2.50

Danish pastry filled with poppyseed paste and topped with icing.

Almond butter slices.....\$2.50

Danish pastry filled with almond flavoured butter and topped with icing.

Cinnamon danish.....\$2.50

Our cinnamon buns are made of a flaky danish pastry with lots of cinnamon and brown sugar and topped with icing.

Poppyseed danish.....\$2.50

Flaky danish pastry filled with poppyseed paste and smothered with icing.

Bienenstich (bee sting).....\$3.00

A thick layer of custard cream in between a sweet yeast dough, topped with a delicious mixture of almonds and sugar browned in butter.

Cupcakes.....\$2.50

Delicious vanilla or chocolate cupcakes topped with a chocolate or vanilla buttercream.

HEARTY DISHES

A patty made of ground pork and beef with lots of spices and baked in the oven.

Served on a bun with your choice of toppings.

Hamburger.....\$3.00

with cheese.....\$3.95

Piggy in a blanket.....\$2.50

A flaky puff pastry filled with a mixture of ground pork, herbs and spices.

VEGAN DISHES

Vegan stuffed peppers.....\$3.50

Red or green peppers filled with lentils, rice, herbs and spices, in a tomato salsa.

Vegan six bean chili.....\$3.50

A mixture of salsa, beans, carrots, bulgar wheat, herbs and spices.

KITCHENER

Serrinia Café

519-579-7218

www.serriniacafe.com

*See vendor for prices.



COFFEES AND HOT BEVERAGES

Coffee/Decaf
Hot Chocolate
Café au Lait
Café Mocha
Hot Tea
Chai Latte

SPECIALTY COFFEE

Americano
Cappuccino
Mochaccino
Latte

ESPRESSO

Espresso
Espresso Double
Machiato
Café Con Panna
Additional Shot
Flavour Shot

SWEET GOODIES

Biscotti
Cookies
Muffin
Apple Turn-overs
Butter Tarts
Scones

SPECIALTY MILKS

Soy, vanilla soy, chocolate soy,
strawberry soy, almond or
lactose free.

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KITCHENER

Simply Delicious

519-579-7218

All prices show tax included.



BIG BREAKFASTS

All Big Breakfasts include toast, home fries and 1 drink \$6.50

Peameal Bacon Breakfast with 2 eggs

Sausage Breakfast (1 sausage) with 2 eggs

Western Omelet with 3 eggs

Veggie Omelet with 3 eggs

Cheese Omelet with 3 eggs

Ham and Cheese with 3 eggs

SPECIALTY SANDWICH

Toasted Western Sandwich with 2 eggs \$4.50

Grilled Cheese \$3.00

French Toast (3 slices) with fresh berries \$5.00

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Pearmeal bacon sandwich.....	\$7.00
Sausage on a bun.....	\$5.00
Chevaps with mashed potatoes, gravy and sauerkraut	\$9.00
Pierogis (7 pierogis with sour cream, salite onions and bacon bits).....	\$6.00
Cabbage Rolls (3 with mashed potatoes, gravy and sauerkraut).....	\$9.00
Schnitzel (1 schnitzel, pork or chicken, mashed potatoes, gravy and sauerkraut)	\$9.00
Goulash with sauerkraut and mashed potatoes.....	\$9.00

SOUP

Soup of the day.....	\$5.00
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SALAD

Salads.....	\$5.00
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Apple Fritter



Bolero



BreadBaron



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Casa Salsa



Everyday Gourmet



Flor de Izote



Myrovolos



Serrinia Café



Simply Delicious

Check out all of our international food court vendors at the

KITCHENER MARKET

* Prices do not include tax.